



## Users Guide to Detoxification Basic Health Publications Users Guide

By Shari Lieberman

Basic Health Publications. Paperback. Book Condition: New. Paperback. 96 pages. Dimensions: 8.3in. x 3.6in. x 0.3in. We live in a toxic world-and theres no escaping it. But each of us can take steps to enhance our bodys ability to detoxify pollutants, synthetic hormones, and cancer-causing chemicals. The Benefits A healthier life with a lower risk of developing debilitating diseases. This Users Guide focuses on specific supplements, including herbs and vitamin-like substances, that help your body protect itself from everyday exposure to toxins. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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