



## Living Off the Land - A Beginner's Guide to Being Self-Sufficient (Paperback)

By Darla Noble, John Davidson

Createspace, United States, 2014. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Living Off the Land - A Beginner's Guide to Being Self-sufficient Table of Contents Introduction Chapter 1: It's What You Do With What You've Got That Matters Proper management includes keeping your pastures in good shape. Chapter 2: Moo, Bah, Cluck And Oink Chapter 3: Eat Your Veggies Chapter 4: Fruits, Herbs And Flowers Conclusion Author Bio Publisher Introduction There's a little bit of pioneer spirit in all of us. We can't help it. It's in our blood. For some this pioneer spirit shows itself in someone's determination to climb to the top of the corporate ladder. But for others, this pioneer spirit takes them back to their roots. Literally; giving them the desire to be self-sufficient to the greatest extent possible. If you are reading this book you are most likely someone wanting to be more self-sufficient. Good for you! With the cost of food going higher and higher every week (literally) and the nearly-constant revelations of the negative effects of chemicals, processed foods and other things we ingest, it's a...



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