



## Adult Colouring Book - Volume 7: Original Mandalas for Colouring Therapy (Paperback)

By Charlotte George

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 254 x 203 mm.

Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This is volume 7 of the Adult Colouring Book series by Charlotte George. The author has expressed her passion for colouring through these books and will continue to create different patterns and themes over the coming months so check out her website for more information as these books develop. As with all previous colouring books there are many different levels of colouring for you to get your teeth into. There are some simpler ones to start off with, some more challenging ones and then there are some really detailed ones that will take a little longer. These are all mixed in together so you can decide yourself what level you want to colour at depending on your mood or time constraints. Whichever one you decide to do, just enjoy your time colouring. Here is what you should do to start: Grab a cup of your favourite drink, pick somewhere quiet to colour and switch off your phone, tablet, computer, or any other distracting media. Pick a Mandala from the 50 original designs in this book...

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-- **Claud Schaden**

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-- **Raina Simonis**

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