



Office Politics: How to Thrive in a World of Lying, Backstabbing and Dirty Tricks

By Oliver James

Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, *Office Politics: How to Thrive in a World of Lying, Backstabbing and Dirty Tricks*, Oliver James, This is a fascinating exposé of office culture, in the style of the bestselling *Affluenza*, from popular psychologist Oliver James. The modern working world is a dangerous place, where game-playing, duplicity and sheer malevolence are rife. Do talent and hard work count for nothing? Is politics everything? In this fascinating exposé, Oliver James reveals the murky underside of modern office life. With cutting-edge research and eye-opening interviews, he highlights the nasty practices that propel people to the top and shows how industries and cultures are fostering this behaviour. He then divulges strategies and techniques for not only surviving but thriving in these difficult environments. With the right mindset, you can distinguish and deal with toxic and over-promoted colleagues, charm your way through interviews and use office politics to your advantage. *Office Politics* will overthrow your perceptions of office life and set you on a new path to success. Oliver James trained and practised as a child clinical psychologist and, since 1988, has worked as a writer, journalist and television documentary producer and presenter. His books...



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