



DOWNLOAD



## The Daily Burn: A Daily Guitar Practice Program for the Development of Accuracy, Dexterity, Strength, and Speed (Paperback)

By Chris Cotter

Christopher Cotter, United States, 2014. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.A great tool for any guitar student! Here is a step-by-step program that is sure to improve your guitar playing. The Daily Burn combines a daily practice routine with an effective practice log and tracking system into one easy-to-use workbook that really works. You will see and hear improvements in all aspects of your playing every day, no matter what your current skill level. Using this simple system, you will develop the Four Pillars of guitar technique: accuracy, dexterity, strength, and speed. You will be playing in top form, giving you the freedom to achieve your guitar playing goals. You will open and use this book every day. PROGRAM FEATURES Functional book/workbook combination that includes a complete practice log and progress tracking system for best results. Over 200 daily practice sessions. Maximize efficiency and effectiveness of practice sessions, rehearsals, and performances. Beneficial for electric and acoustic players in any style, at any skill level. Find, isolate, and eliminate problem areas in technique. Produces precise synchronization between the hands and fingers. Helps reduce tension and strain due to...



**READ ONLINE**  
[ 3.38 MB ]

### Reviews

*A must buy book if you need to adding benefit. I have go through and that i am sure that i will gonna go through once more yet again down the road. I am just very happy to let you know that this is basically the best book i have got go through inside my own life and can be he very best book for at any time.*

-- **Eldridge Reilly**

*Very good electronic book and useful one. it absolutely was writtern extremely completely and useful. You will not feel monotony at at any moment of your respective time (that's what catalogs are for relating to when you question me).*

-- **Prof. Noah Zemplak DDS**

## Related Books



### [I Learn, I Speak: Basic Skills for Preschool Learners of English and Chinese \(Paperback\)](#)

Paraxus International, Inc., United States, 2012. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Please go to // and shapes for some high resolution sample pages. Learn Chinese - Basic Skills for...



### [Do Monsters Wear Undies Coloring Book: A Rhyming Children s Coloring Book \(Paperback\)](#)

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. Mark Smith (illustrator). 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.A #1 Best Selling Children s Book Is Now A Coloring Book! Parents and...



### [Flappy the Frog: Stories, Games, Jokes, and More! \(Paperback\)](#)

Createspace, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Are you looking for a kid s or children s book that is highly entertaining, great for early readers, and...



### [Hoppy the Happy Frog: Short Stories, Games, Jokes, and More! \(Paperback\)](#)

Createspace, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Are you looking for a kid s or children s book that is highly entertaining, great for early readers, and...



### [Twitter Marketing Workbook: How to Market Your Business on Twitter \(Paperback\)](#)

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. Workbook. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Twitter Marketing Workbook 2016 Learn how to market your business on Twitter for free A best-selling...



### [From Out the Vasty Deep \(Paperback\)](#)

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Love, ghosts, mystery and a sense of impending horror are the ingredients of this story which is...