



## The Art of Living Joyfully: How to be Happier Every Day of the Year

By Allen Klein, Sark

Viva Editions. Paperback. Book Condition: new. BRAND NEW, The Art of Living Joyfully: How to be Happier Every Day of the Year, Allen Klein, Sark, Allen Klein is a motivational speaker and author who believes strongly in the way words can influence how we feel mentally, physically, and spiritually. In this day of tweeting, texting, cyberspeak and the non-language of email, the written and spoken word has the power to touch our hearts and lift our spirit that is extraordinary. In this The Art of Living Joyfully, Jollytologist Allen Klein presents a compendium of advice and plain common sense comprising a guide to good cheer. This wonderful collection of quips, quotes and instruction comes from a variety of people and from all eras of history. Dividing the books thematically, covering such topics as Friendship, Laughter, Beauty, Nature, Faith, and more, this is a book to cherish for oneself and to give as a heartfelt gift.



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