



Healthy Recipes for Snacks and Meals: A Bundle of 3 Easy to Make, Mouthwatering, and Delicious Books for People Who Like to Eat But Want to Be Healthy. Recipes Will Help Keep Your

By Sarah Sophia

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Healthy Recipes For Snacks and Meals The Essential Kitchen Series, Book 96 A Bundle of 3 Nutritionally Inspired Recipe Cookbooks Written by People Who Like to Eat Get ready to use cook a wild assortment of delicious treats for any time of the day. Yes, that's right. The Essential Kitchen Series delivers three wonderful cookbooks in one quick purchase. You'll get an assortment of healthy kale, cucumber, and other snack recipes, which can easily be made at home. They're all herein one fantastic bundle. Enjoy a host of recipes that will simplify your day, save you time, and help you enjoy something delicious whenever you desire, and all while watching your waistline. Snacks Have Never Been So Easy To Prepare This cookbook is packed with so much fun and flavor that you'll be amazed at what you can create. Just take a look at some of the unique recipes we've included: Tangy Cucumber and Avocado Salad Tomato, Cucumber Coriander Salad Summer Cucumber Jicama Salad Sweet Salty Kale Kale Carrot Slaw Kale...



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