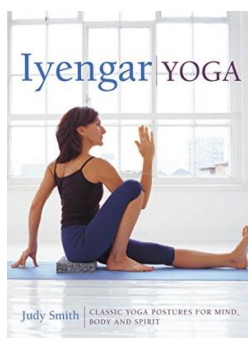


## Iyengar Yoga: Classic Yoga Postures for Mind, Body and Spirit



### Book Review

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(Justina Kunze)

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