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## All About Lungeing

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By Paul Fielder, Penny Hillsdon, Bob Langrish, Bob Langrish

Robert Hale Ltd. Paperback. Book Condition: new. BRAND NEW, All About Lungeing, Paul Fielder, Penny Hillsdon, Bob Langrish, Bob Langrish, Lungeing can develop a horse both physically and mentally. Paul Fielder, an international dressage trainer, shows how his methods achieve this by working with nature and not against it. The techniques described take a horse from his initial assessment right through to engagement, collection and extension. Mouthing, equipment and work on energy and balance are covered and the clear, easy-to-follow, step-by-step photographs ensure that everyone who lunges horses can help them reach their full potential. All About Lungeing is an essential book for every horse owner's bookshelf.



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