



The Healing Powers Of Vinegar: A Complete Guide to Nature's Most Remarkable Remedy (IGN Green)

By Orey, Cal

Kensington, 2000. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: FROM ANCIENT FOLK MEDICINE TO MODERN MIRACLE. VINEGAR IS THE #1 HOME REMEDY FOR THE 21ST CENTURY-- High in cancer-fighting antioxidants-- A natural appetite suppressant-- Reduces cholesterol to prevent heart disease-- Helps retard osteoporosis-- Slows the effects of aging-- Reduces the severity and frequency of headaches-- Helps cure many common ailments, from dandruff and menstrual cramps to acne and sinus congestion. Nutrition writer Cal Orey offers a fascinating look at vinegar -- one of nature's most versatile healers. Read true stories of vinegar's curative powers. Discover the healing potential of apple cider vinegar, as well as balsamic, rice, and herbal vinegars. Learn how red wine vinegar may have the same health benefits as red wine. Sample over 100 food and beauty preparations, from an anti-cancer marinade to a soothing facial mask. And enjoy. The Amazing Healing Powers of Vinegar!.



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Reviews

Absolutely essential go through publication. It is filled with knowledge and wisdom. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Dr. Sierra Lowe Sr.

The book is simple in read safer to comprehend. It is written in straightforward words and phrases instead of confusing. You won't truly feel monotony at anytime of your time (that's what catalogues are for concerning in the event you request me).

-- Brannon Koch

Other Books



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CreateSpace Independent Publishing Platform, 2013. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: "Star Flights Bedtime Spaceship" is a charming and fun story with the purpose to help children unwind and go to sleep. The underlying...



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Candlewick, 2014. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: The final scene of the gang caroling around the tree, complete with paper crowns from British Christmas crackers, is delightful. Toddlers celebrating the holiday will enjoy...



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HarperCollins, 2005. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Foreword by Raph Koster. Introduction. I. EXECUTIVE CONSIDERATIONS. 1. The Market. Do We Enter the Market? Basic Considerations. How and Which Niche? Market Analysis: Who Are...



The Web Collection Revealed, Premium Edition: Adobe Dreamweaver CS6, Flash CS6, and Photoshop CS6 (Stay Current with Adobe Creative Cloud)

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