



## What Caesar Did for My Salad: The Secret Meanings of Our Favourite Dishes

By Albert Jack

Penguin Books Ltd. Paperback. Book Condition: new. BRAND NEW, What Caesar Did for My Salad: The Secret Meanings of Our Favourite Dishes, Albert Jack, Did you know that the Cornish pasty was invented to protect tin miners from arsenic poisoning, or that the word 'salary' comes from Roman soldiers being paid their wages in salt? Why do we eat goose (or turkey) at Christmas? Is the Scotch egg actually from Scotland and what did some retired crusaders have to do with French toast? Who was the original Earl Grey and what sauce was inspired by Parliament? What dish was invented by Greek bandits on the run? Why were hot cross buns seen as magical and what's so rebellious about a haggis or medicinal about a gin and tonic? Did you know what the romantic history is behind the Bakewell Pudding? Albert Jack tells the strange tales behind our favourite dishes and drinks and where they come from (not to mention their unusual creators). In the colourful, wonderful vein of "Schott's Food and Drink Miscellany", Albert Jack's "What Caesar Did For My Salad" is bursting with fascinating insights, characters and enough stories to entertain a hundred dinner parties. Albert Jack is...



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