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## Family Planning among University Students in Finland

By Aira Virtala

VDM Verlag Okt 2009, 2009. Taschenbuch. Book Condition: Neu. 220x150x6 mm. This item is printed on demand - Print on Demand Neuware - Postponing childbirth has become increasingly common in Western countries, especially among groups with higher education. Family planning issues are important to university-aged students. Education is associated with sexual behaviour, childbearing and contraceptive use and studies show that educated women are more likely to postpone pregnancy. University students commonly use reliable contraceptive methods and they use emergency contraception when needed. The Finnish Student Health Service offers easy and inexpensive access to contraception services. The students are at the optimal age for childbearing, however they are seldom parents. The vast majority of students plan to have children in the future, and they want to postpone pregnancy until after completion of studies. In order to prevent age-related unintended infertility, health care providers should counsel on age and fertility. 96 pp. Englisch.



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